

Barrowford Parish Meals on Wheels Menu

Week starting Monday 30th March 2020

Monday, 30th	Meat & Potato Pie with a Shortcrust Pastry Lid, Mushy Peas and Gravy
Tuesday, 31st	Beef Lasagne with Garlic Bread
Wednesday, 1st	Chicken with a Creamy Mushroom Sauce, New Potatoes and Broccoli
Thursday, 2nd	Cheese and Tomato Quiche with Salad and New Potatoes
Friday, 3rd	Salmon & Leek Fish Cakes with Tartar Sauce and Salad

No deserts in Week 1; coming in week 2!

Vegetarian options are available but will need to be ordered the previous day or before.

Important!

Anyone with allergies please notify us on ordering your meal. We cannot 100% guarantee that there is no trace of allergens in the food.

Barrowford Parish Meals on Wheels Menu

Week starting Monday 6th April 2020

Monday, 6th	Beef Stew and Dumplings
	Desert Apple Crumble & Custard
Tuesday, 7th	Liver & Bacon, Mashed Potatoes and Onion Gravy
	Desert Raspberry Cheesecake
Wednesday, 8th	Cottage Pie, Garden Peas and Gravy
	Desert Jam Sponge & Custard
Thursday, 9th	Cheese and Onion Pie, Mushy Peas
	Desert Chocolate Brownie
Friday, 10th	Pork Sausage with Mashed Potatoes & Onion Gravy
	Desert Bread & Butter Pudding

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